

★
NEW TO ESTUARY?
WELCOME PASS
\$40 UNLIMITED
(14 DAYS)

TIMETABLE

ESTUARY
breathe • flow • connect

	MON	TUE	WED	THU	FRI
615 am	STRONG FLOW	VINYASA FLOW	STRONG FLOW	VINYASA FLOW	STRONG FLOW
730 am	VINYASA FLOW	VINYASA FLOW	FUNDAMENTALS	VINYASA FLOW	VINYASA FLOW
930 am	HARMONY FLOW & CHILL	PILATES	HARMONY FLOW & CHILL	HARMONY FLOW & CHILL	PILATES
430 pm					YIN
600 pm	VINYASA FLOW	FUNDAMENTALS ----- STRONG FLOW	VINYASA FLOW	HARMONY FLOW & CHILL	
730 pm	YIN	REST & RESTORE	YIN	YIN	

	SAT	SUN
800 am	VINYASA FLOW	VINYASA FLOW
930 am	HARMONY FLOW & CHILL	HARMONY FLOW & CHILL
430 pm		YIN R&R

**+ WORKSHOPS AND
SPECIAL EVENTS EVERY
MONTH!**

pricing

ALL-ACCESS MEMBERSHIP
\$40/WEEK
ONLINE MEMBERSHIP
\$15/WEEK

IN-STUDIO PACKS
10-PASS \$210 | 5-PASS \$120 | SINGLE \$27
LIVESTREAM PACKS
10-PASS \$110 | 5-PASS \$60 | SINGLE \$14



scan & book!!

estuaryyoga.com.au